



# CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Adults All Belts</b> 12:15 - 1:00	<b>Private Lessons</b> Appointment Only	<b>Adults All Belts</b> 12:15 - 1:00	<b>Private Lessons</b> Appointment Only	<b>Private Lessons</b> Appointment Only	<b>Poomse All Belts</b> 9:45 - 10:45
<b>Youth/Family White - Green</b> 5:15 - 5:55	<b>Youth/Family Purple &amp; Up</b> 5:15 - 5:55	<b>Youth/Family White - Green</b> 5:15 - 5:55	<b>Youth/Family All Belts</b> 5:30 - 6:10	<b>Open Practice All Belts</b> 5:30 - 6:00	<b>Conditioning All Belts</b> 11:00 - 12:00
<b>Youth/Family Purple &amp; Up</b> 6:15 - 6:55	<b>Youth/Family White - Green</b> 6:15 - 6:55	<b>Youth/Family Purple &amp; Up</b> 6:15 - 6:55	<b>Poomse Team</b> 6:15 - 7:15	<b>Sparring All Belts</b> 6:10 - 7:00	
<b>Adults &amp; Teen All Belts</b> 7:10 - 8:00	<b>Sparring Team</b> 6:45 - 8:00	<b>Adults &amp; Teen All Belts</b> 7:10 - 8:00		<b>Adults &amp; Teen All Belts</b> 7:10 - 8:00	