



Belt Promotion Requirements

Kim's Taekwondo Center

Overview

In order to promote to the next belt all students must demonstrate their proficiency and knowledge of their skills during a formal belt test, conducted at the main school every other month, with Black Belt tests occurring three times a year. During this test, students will have to perform their current Patterns (Poomsae - 품새), demonstrate Self-Defense skills (Hoshinsul - 호신술), break a board with a specific technique (Gyeokpa - 격파) and answer questions about Taekwondo terminology, rules and principles.

Promotion Readiness

The determination of whether a student is ready or not to test for their next belt is made by Master Kim and is based on class attendance and in-class performance of techniques.

In-Belt Milestones (For students age 15 and below)

Students 15 and under must earn three stripes, one for each required skill, before they can test for a belt promotion. Students can ask any instructor to check their knowledge before or after class to earn these stripes.

| Color | Significance |
|--------|---|
| Blue | Demonstrate required basic pattern(s) to an instructor. |
| Orange | Demonstrate required Taeguk pattern(s) to an instructor. |
| Yellow | Demonstrate 2 Self-Defense tactics by effectively demonstrating with a partner. |

Uniform Stars (For students age 15 and below)

Students 15 and under can earn colored star patches for their uniform by showing their knowledge of key Taekwondo Terminology, concepts and rules. Students can earn any color star at any time, but star colors and terminology are associated with the requirements for each belt rank.



Expectations By Belt

| Belt | Basic | Taeguek | Board Break | Self-Defense |
|-------------------------|-------|--------------------|--------------------------------|--|
| White | 1 | N/A | Side Kick | Execute multiple self-defense techniques with a partner. |
| Gold | 1 | Il Jang | Hammer Fist | |
| Gold w/ Stripe | 2 | Yee Jang | Back Kick | |
| Orange | 2 | Sahm Jang | Axe Kick | |
| Green | 3 | Sahm Jang | Skip Side Kick | |
| Green w/ Stripe | 3 | Sahr Jang | Hopping Axe Kick | |
| Blue | 3 | Taeguek 1-4 | Back Leg Hook Kick | |
| Purple | 1-2 | Oh Jang | Hopping or Spining Hook Kick | |
| Purple w/ Stripe | 2-3 | Oh Jang & Yuk Jang | Jump Back Kick | |
| Brown | 4 | Chil Jang | Tornado Axe Kick | |
| Red | 1-4 | Pal Jang ALL | 1 Speed 1 Power (2+ Boards) | Self-Defense Demonstration |
| Probationary Black Belt | 1-5 | Koryo | N/A | |